

# DYNAMICS OF SITUATIONAL THINKING SKILLS™

*Situational Thinking Skills for Success in Life and Work*

## Introduction

Benjamin Disraeli once said “As we think – so we become”. What makes one person more successful than another is in the effectiveness of their thinking, among other factors. How successful people think – differs in their field of success – and in their personality type.

The Lawyer, fighter pilot, financial analyst, entrepreneur or social worker each reflect different thinking style preferences – based on both personality as well as brain dominance.

However, learning to master different thinking skills, to match differing situations is more the key to success – than our personality or style.

While this program focuses on both, emphasis is more on situational thinking skills.

## Learning Objectives

*By the end of this program, participants will*

- Understand how personality, gender and culture influence thinking, emotional and learning styles.
- Recognize a range of different thinking styles and types related to the program
- Know which types of thinking are required for the many different situations we face in our life, and work.
- Understand where the different thinking styles – and skills – are located in the brain.
- Know how to select specific thinking techniques and skills for differing situations.
- Assess their own naturally preferred thinking styles and which skills they have already learned to apply.
- Produce a personal development action plan for learning and strengthening new thinking skills.
- Be able to quickly access techniques for each different situation.

## Who Should Attend

Anyone who seeks to improve and broaden their range, speed and skills in thinking. Specifically, leaders, managers, professionals, consultants, trainers, teachers or educators. Especially people who have to plan, solve problems, make decisions.

## Workshop Duration

This can be designed as a 1, 2 or more intensive 3 day workshop, subject to client’s needs.

## Workshop Contents

- Influence of Personality, Gender and Culture on Thinking and Learning
- Thinking Defined
- Types of Thinking: A Chart of opposites
- Influence of Emotions On Thinking
- Influence of Gender on Thinking
- Influence of Culture on Thinking
- Influence of Other people on our thinking
- What Happens in the Brain When We Think
- Knowing Our Preferred Thinking Styles
- Understanding the Positive and Negative Consequences of Each Style
- Situational Thinking
  - Classifying situations
- Identifying the Range of Skills – We Can Learn and Apply
- The Situational Skills Matrix
  - Matching Skills with each Situation
- How to Quickly Call Up the Right Skill
  - Memory Joggers for Each Skill
- Measuring Effectiveness of Each Skill
- Thinking in Problem Solving and Decision Making
- Thinking in Planning
- Thinking in Crisis Situations
- Personal Development Action Plan (PDAP)

## Workshop Methodology

A key and unique feature of this workshop is that all participants will complete a personality traits survey form, resulting in a detailed personality profile. This will enable participant’s to discover their own preferred cognitive and emotional styles, which in turn can strongly influence the dynamics of thinking and learning relating to this workshop.

Workshop design incorporates a variety of methods to both stimulate active learning and appeal to the mix of participants preferred learning styles. Building on participant personality profiles, a number of interactive exercises, games and group discussion help them to understand the different thinking skills needed. Where appropriate, selected multimedia, video or power point visuals augment a comprehensive manual of notes. The workbooks are professionally laid out, appealing to the learner and capturing key learning points and post

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